

YOUR NEW FOOD

New Life in Christ

3/3 Session for New Believers

Topic: The Word of God is Food for Our Souls
Question: How does God speak to us through the Bible?

Report & Celebrate (20-40 minutes)

1. Share & Care

Share life's journey by spending time together and communicating during the week. Talk about your joys and your struggles, and support one another in prayer.



Care

2. Accountability

Following Jesus

- Share as many memory verses as you can remember from the past four lessons.
- What have you learned as you've read your Bible?



Report

Fishing for Jesus

- Which family and friends have you been praying for?
- Has God given you opportunities to witness? If not, what opportunities did you miss? Excuses made?
- Are you discipling anyone?



Sow

3. Worship

Praise God for what has just been shared. Use a song, read a Psalm, or share a testimony of answered prayer!



Worship

Notes:

- Train your disciples to disciple others by encouraging each of them to take turns leading. Start by giving them experience leading one section, then have a short debrief after the group with them one-on-one. Be sure to affirm them in what they did well **and** share suggestions for improvement.

"Anyone who belongs to Christ has become a new person.
 The old life is gone; a new life has begun!" 2 Corinthians 5:17

Hear & Obey (20-40 minutes)

4. New Lesson - What does the story **SAY**?

Have participants look up 2 Timothy 3:15-17, Joshua 1:8, Matthew 4:4, Psalm 119:9-11, 97-99, 105, and Hebrews 4:12. Read through each one once.

- *What do you think this means: "All Scripture is inspired by God"?*

Reread the passages one at a time and discuss:

- *What purpose does God's word play in our lives?* (Appoint someone to make a list.)
- *What promises does God give us when we obey Him?*
- *How important is it to read the Bible? Why?*



Learn

5. Application - What must I **OBEY**?

- *What is God leading me to do or change in my life?*



Correct

Notes:

- Before reading Joshua 1:8, explain that "The Book of Instruction" refers to the first five books of the Old Testament. It was the "Bible" the people had at that time.
- Before reading 2 Timothy 3:15-17, explain that Paul is writing this letter to his disciple Timothy.
- "All Scripture is inspired by God" means God-breathed, He told the authors what to write, which means Scripture is accurate a



Guide

Do's and Do Not's

- **Do** let the Holy Spirit be the teacher.
- **Do** remember to study for obedience rather than for knowledge!
- **Don't** dominate the conversation; encourage everyone to participate. Facilitator = 30%, Participants = 70%
- **Don't** demand correct answers.
- **Don't** get distracted, stay on topic.

God's Word is Important!

2 Timothy 3:15-17

15 You have been taught the holy Scriptures from childhood, and they have given you the wisdom to receive the salvation that comes by trusting in Christ Jesus. 16 All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. 17 God uses it to prepare and equip his people to do every good work.

Joshua 1:8

Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

Matthew 4:4b

Jesus said: *"The Scriptures say, 'People do not live by bread alone, but by every word that comes from the mouth of God.'"*

Psalms 119:9-11, 97-99, 105 (ESV)

9 How can a young man keep his way pure? By guarding it according to Your word. 10 With my whole heart I seek You; let me not wander from Your commandments! 11 I have stored up Your word in my heart, that I might not sin against You.

97 Oh how I love Your law! It is my meditation all the day. 98 Your commandment makes me wiser than my enemies, for it is ever with me. 99 I have more understanding than all my teachers, for Your testimonies are my meditation.

105 Your word is a lamp to my feet and a light to my path.

God's Word is Powerful!

Hebrews 4:12

For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.

Go & Tell (20-40 minutes)

6. Practice

- Practice reciting the books of the New Testament.
- Practice sharing some of your memory verses.
- Pair up and practice sharing the gospel message.



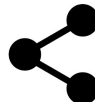
Equip

7. Plan - With whom will I **SHARE**?

- Which of your non-believing family or friends will you be praying for this week?
- With whom will you share God's story?



Plan



Reproduce

8. Cast Vision

Many years ago some men were panning for gold in Montana, and one of them found an unusual stone. Breaking it open, he was excited to see that it contained gold. Working eagerly, the men soon discovered an abundance of the precious metal. Happily, they began shouting with delight, "We've found it! We've found gold! We're rich!" They had to interrupt their celebrating, though, to go into a nearby town and stock up on supplies. Before they left camp, the men agreed not to tell a soul about their find. Indeed, no one breathed a word about it to anyone while they were in town. Much to their dismay, however, when they were about to return, hundreds of men were prepared to follow them. When they asked the crowd to tell who "squealed," the reply came, "No one had to. Your faces showed it!" – Source Unknown.



Vision

Is the Good News written all over your face?

9. Commissioning Prayer

Pray for one another for boldness to share!



Pray

Extra Challenge:

- Memorize "***I have hidden Your word in my heart, that I might not sin against You.***" Psalm 119:11
- Reread the scripture passages from this lesson. In your journal rewrite these verses in your own words as a reminder of the importance of God's word in your life and as a prayer to God!



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